

# **Shanghai University of Finance & Economics**

# 2020 Summer Program

# **PSY 220 Abnormal Psychology**

### **Course Outline**

Class Hours: 14:00 - 15:50 (Monday through Friday)

Course Code: PSY 220

Instructor: D. Bruce Carter, Ph.D.

Email: dbcarter@syr.edu

**Home Institution: Syracuse University** 

Office Hours: TBA and by appointment

Credit: 4

Class Hours: This course will have 52 class hours, including 32 lecture hours, 8 professor office hours, 8-hour TA discussion sessions, 4 hour-long review sessions. Review sessions are designed to provide additional coverage (not lectures) of material covered in class. They will be scheduled outside of class. Dates, times, and locations will be announced in class.

**Prerequisite:** PSY 101 Introduction to Psychology.

Course Description: This course is designed to introduce the student to the field of abnormal psychology and maladaptive behavior. It explores abnormal psychology from a biological, psychosocial, and sociocultural point of view. It provides a broad overview of contemporary issues in abnormal psychology that reflect the diversity and change within the discipline. Major concepts in abnormal psychology as a science are explored, as well as current issues and controversies. Important psychological discoveries and achievements, both new and classic, are examined within the area of maladaptive behavior. The course provides theoretical foundations and applied research within the discipline of abnormal psychology.

**Course Objectives**: As a result of completing this course, students will be able to:

- describe several major theoretical viewpoints that dominate contemporary approaches to understanding abnormal behavior.
- understand and apply the current classification system of mental disorders.
- provide descriptions of numerous mental disorders.
- discuss case studies of individuals who manifest specific behavioral disorders.
- understand the diverse causal factors related to maladaptive behavior (e.g., psychosocial,



biological, and sociocultural).

- describe present trends in the treatment of particular maladaptive behaviors.
- explore various frontier areas which are currently emerging within the field of abnormal psychology.
- discuss relevant scientific research in diverse areas of abnormal psychology.

**Required Textbook:** Ray, W. J. (2018). *Abnormal Psychology (2nd Edition)*. Thousand Oaks, CA USA: Sage Publications. (ISBN 9781506333373) (Available as a Kindle E-Book)

#### **Grading & Evaluation**

Because of the length of the summer session and the amount of material to be covered, there will be no midterm or final exam although we will have a quiz every week. The weekly quizzes will be multiple choice (30 questions each) and will be completed each Thursday in class. Each quiz will include the material from chapters and lectures covered in class that week.

Students will also be graded on homework material included within the textbook (15 assignments due daily in class; 1 extra as extra credit). Each homework assignment will be to answer one of the Review Questions at the end of each chapter of the textbook (the assignment is open-book). Your answers to these questions are due the day the chapter is covered in class. You may choose any one of the Review Questions to answer. Your answer should be thoughtful but no more than one page long (typed, double-spaced). Attendance will be the final 10% of your grade.

Assignment	Percent of Grade
Chapter Assignments (15 at 2% each)	30%
In-class Quizzes (4 at 15% each)	60%
Attendance	10%
Total	100%

#### **Grade Policy**

Grade	Percent	GPA
A	90-100	4.0-5.0
В	80-89	3.0-3.9
С	70-79	2.0-2.9
D	60-69	1.0-1.9
F	<60	0

#### **Course Schedule**

# Week 1: Basic How We Study & Classify Psychopathology (Chapters 1-4) June 1st -June 5th

- June 1<sup>st</sup> Overview of Psychopathology & Conceptions of Mental Illness (Chapter 1)
- June 2<sup>nd</sup> Neuroscience Approaches to Understanding Psychopathology (Chapter 2)
- June 3<sup>rd</sup> Research Methods in Studying Psychopathology (Chapter 3)
- June 4<sup>th</sup> Assessment & Classification of Psychological Disorders (Chapter 4); In-class 1
- June 5<sup>th</sup> Discussion 1

#### Week 2: Neurotic & Behavioral Disorders (Chapters 5-8) June 8th-June 12th

June 8<sup>th</sup> Psychological Disorders of Childhood (Chapter 5);



# 上海财经大学

# Shanghai University of Finance & Economics 中国上海市国定路777号 邮编200433 777 Guoding Road, Shanghai, 200433, China

June 9th	Mood Disorders and Suicide (Chapter 6)
June 10 <sup>th</sup>	Stress, Trauma & Psychopathology (Chapter 7)

June 11<sup>th</sup> Anxiety Disorders and Obsessive-Compulsive Disorders (Chapter 8); In-class 2

June 12<sup>th</sup> Discussion

Week 3: Psychological Control & Psychotic Disorders (Chapters 9-13) June 15th-June 19th

June 15<sup>th</sup> Dissociative & Somatic Symptom Disorders (Chapter 9)

June 16<sup>th</sup> Eating Disorders, Sexuality Disorders & Gender Dysphoria (Chapters 10 & 11)

June 17<sup>th</sup> Substance Abuse & Addictive Disorders (Chapter 12)

June 18<sup>th</sup> Schizophrenia (Chapter 13); In-class 3

June 19<sup>th</sup> Discussion 3

Week 4: Disorders of Development; Legal Issues (Chapters 13-15) June 22nd -June 26th

June 22<sup>nd</sup> Personality Disorders (Chapter 14)

June 23<sup>rd</sup> Neurocognitive Disorders (Chapter 15)

June 24<sup>th</sup> The Law & Mental Health (Chapter 16)

Wrap-up and Catch-up; In-class 4

June 26<sup>th</sup> Discussion 4

# **CLASS POLICIES**

**Academic Honesty:** The University and the faculty are committed to academic integrity in all its practices. Activities that violate academic integrity undermine the quality and diminish the value of educational achievement and are treated seriously. Cheating on papers, tests or other academic works is a violation of College rules. No student shall engage in behavior that, in the judgment of the instructor of the class, may be construed as cheating. This may include, but is not limited to, plagiarism or other forms of academic dishonesty such as acquisition without permission of tests or other academic materials and/or distribution of these materials and other academic work. Students who aid and abet as well as those who attempt such behavior will be treated similarly.

**Attendance Policy**: You are expected to attend class unless you are ill or there is a crisis in your family. Prolonged illness or a pattern of frequent absences can jeopardize your grade. In the case of an absence, it is the student's responsibility to gather class notes from other students. You are encouraged to be on time to class since being tardy can be disruptive to others in the class.

**Missed/Late Assignments:** Assignments are due on the date listed. Without prior approval from the instructor, no late assignments will be accepted.

Mobile Phones, Computers, & Audio-Recording the Class: (1) You may NOT use your phone during class (for calling or texting). You may use your phones in our classroom *before* class starts. However, turn your phone off until class is complete. (2) Please do not use computers unless directed to do so. A recent study shows that you and your classmates will not do as well in the course if you use computers in class. Feel free to record any part of class if you feel that would be useful.

**Civility Policy:** Because the classroom is a community of scholars engaged in the pursuit of knowledge, I fully expect every student in this class student to engage in civil and respectful behavior toward one another, including issues where there may be disagreement. Anyone who disrupts the community by their words or actions will be asked to leave the class.

<sup>\*</sup>NOTE: This syllabus is subject to change. All changes will be announced in class.