

National Taiwan University of Science and Technology

2020 Summer Program

PSY 240 Human Sexuality

Course Outline

Term: July 06-August 07,2020

Class Hours: 18:00-19:50 (Monday through Friday)

Course Code: PSY 240

Instructor: Dr. Annette Marie Allen

Home Institution: Troy University, Troy, Alabama

Office Hours: TBA and by appointment

Email: aallen40379@troy.edu

Credits: 4

Class Hours:

According to the regulations of Minister of Education, R.O.C, 18 class hours could be counted as 1 academic credit in all universities in Taiwan. This course will have 72 class hours, including 40 lecture hours, professor 10 office hours, 10-hour TA discussion sessions, 2-hour review sessions, 10-hour extra classes.

Course Description:

This course will provide an overview of human sexuality beginning historically focusing on how sexuality varies culturally and religiously and more recently how it has adapted due to the growth of media and the internet. A special focus will be on male and female physical anatomy, sexual physiology, pleasure and sexual well-being, sexual arousal and response, sexual technique, the prevention of sexually transmitted diseases (STDs) and on the history, development, purpose, and types of contraception available. The reproduction process will be discussed including conception, pregnancy and childbirth. The development of gender identity and the role that societal culture plays will be explored along with the variations of sexual orientation and the process of "coming Sexuality in childhood, adolescence, adulthood and later life will be explored with a focus on differences and similarities. Theories of sexual desire and attraction will be examined as well as the importance of communication. Finally, sexual coercion and resiliency, as well as sexual behavior and paraphilias will be discussed, exploring changes that have occurred over the years and societal acceptability of variations of sexual behavior.



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Course Objectives:

At the end of the course, students should be able to:

- 1. Understand the history of human sexuality based on cultural and religious variations and norms of the specific societies.
- 2. Explain how sexuality has changed and adapted due to the growth of media and the internet.
- 3. Understand male and female anatomy, sexual physiology, pleasure and sexual well-being, sexual arousal and response, sexual technique, how to prevent contracting sexually transmitted diseases (STDs) and on the history, development, purpose, and types of contraception available.
- 4. Explain how reproduction works including conception, pregnancy and childbirth.
- 5. Understand and explain how gender identity is developed and the role that societal culture plays.
- 6. Understand the variations of sexual orientation and the process of "coming out."
- 7. Explore and explain sexuality in childhood and adolescence and what it entails.
- 8. Understand sexuality in adulthood and later adulthood, exploring the differences and similarities and use of adaptations.
- 9. Explain theories of sexual desire and attraction.
- 10. Understand the importance and process of how to communicate.
- 11. Explain sexual coercion and resiliency and understand its impact upon the "victim."
- 12. Explain sexual behavior and paraphilias with details.
- 13. Explain how sexual behavior has changed over the years and the level of societal acceptability.
- 14. Discuss and write about each of the topics above in a coherent manner.

Required Textbooks:

Human Sexuality: Self, Society and Culture, Gilbert Herdt and Nicole Polen-Petit

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McGraw Hill: Print Copy: ISBN 13: 9780073532165

E Copy: Through Vital Source at vitalsource.com ISBN: eText ISBN: 0077434714

Grading & Evaluation:

Course Assignments and Scoring

80% 4 Exams 15% 5 weekly discussions with portfolio

5% 1 5-7 page paper

Course Outline:

All of the information required for successful completion of this course are outlined in this document. Students are expected to read it over and refer to it as needed. Please contact the instructor as soon as possible if any expectations or assignments are unclear. Any updates or revisions to the course outline will be discussed in class. I will provide ample warning of any changes.

Readings:

Students are responsible for reading the materials assigned for each lecture, prior to attending class, including those from the textbook and from outside sources.

Grading and Evaluation:

Four exams will be given during this course and each exam will count towards 20 percent of your total grade. For the remaining 20 percent of your grade, 15 percent will come from weekly discussions and an accompanying portfolio containing notes and answers to questions, and the remaining 5 percent will be in the form of a 5 to 7 page paper that will be described in a handout distributed at a later date. A detailed listing including dates of all assignments will be provided via email prior to or distributed in person on the first day of class.

Grade:

- 90-100% A
- B 80-89%
- C 70-79%
- D 60-69%
- F **Below 60%**

Attendance Policy:

You are expected to attend all classes unless you are ill or there is a crisis in your family. Prolonged illness or a pattern of frequent absences can jeopardize your grade, especially in a short, concentrated course, such as this one. It is best to contact your instructor via email when possible to inform her of your inability to attend class. It is your responsibility to gather class notes of information that you have missed from other students. Additionally, you are strongly encouraged to arrive promptly (on time) in class to avoid being disruptive to your instructor and students.

Missed Assignments and Exam Policy:

If you anticipate missing an exam, you must notify the instructor PRIOR TO THE EXAM in order to request a make-up exam. It is best to provide written documentation. The instructor reserves the right to **deny** the request for a make-up opportunity. Other assignments are due on the date listed or announced. Without prior approval from the instructor, no late assignments will be accepted.

Academic Honesty:

The University and faculty are committed to academic integrity in all its practices. Activities that violate academic integrity undermine the quality and diminish the value of educational achievement and are treated seriously. Cheating, plagiarism and the falsification of data is a violation of University rules and will not be tolerated in this class. Any student caught cheating on any assignment, caught intentionally plagiarizing the work of another person, and/or caught falsifying data will be treated accordingly to the policies of the University. Students who aid and abet as well as those who attempt such behavior will be treated similarly.

Classroom Etiquette:

It is expected that all students will act in a respectful manner toward the instructor and fellow students. In order to foster a comfortable and conducive learning environment for all, I will not tolerate disrespectful or disruptive behavior of any kind in this class. If a student refuses to cease engaging in a disrespectful or disruptive behavior, he or she will be told to leave the classroom. Examples of such behavior include:

- Disrespecting a fellow student or the instructor.
- Use of inflammatory language.
- Continuing to use a computer for a purpose other than taking notes or as directed by the instructor.
- Arriving late and/or causing a disturbance.
- Getting up and leaving class early without previous clearance.

Cellular Phone Use in the Classroom:

You may not use your phone during class (for calling or texting). You may use your phone in the classroom before class begins. However, please turn your phone off until class is complete. If you have any extenuating circumstances necessitating availability of your telephone, please speak with me prior to class.

Course Schedule:

The instructor reserves the right to make changes to the schedule as she sees fit. This includes changing the order of topics, assigning additional readings, changing due dates, etc. I will make you aware of any such changes in a timely manner. Changes to due dates or the timing of course topics will be made only under exceptional circumstances.



Weekly Reading Assignments and Daily Lecture Schedule

Course Sche Week 1:	<u>edule</u>		
Monday	July 6	Introduction/The Study of Human Sexuality	Chapter 1
Tuesday	July 7	Contexts of Sexuality: Culture, History & Religions	Chapter 2
Wednesday	July 8	Sexuality, Media and the Internet	Chapter 3
Thursday	July 9	Sexuality, Anatomy and Physiology	Chapter 4
Friday	July 10	TA Review Session/Discussion 1	
Week 2:			
Monday	July 13	Test Review and Test 1 (Chapters 1-4)	Test 1
Tuesday	July 14	Sexual Pleasure, Arousal and Response	Chapter 5
Wednesday	July 15	Taking Care of the Sexual Body	Chapter 6
Thursday	July 16	Contraception	Chapter 7
Friday	July 17	TA Review Session/Discussion 2	
Week 3:			
Monday	July 20	Test Review and Test 2 (Chapters 5-7)	Test 2
Tuesday	July 21	Reproduction, Conception, Pregnancy, Childbirth	Chapter 8
Wednesday	July 22	Gender and Identity: Process, Roles and Culture	Chapter 9
Thursday	July 23	Sexual Orientation	Chapter 10
Friday	July 24	TA Review Session/Discussion 3	
Week 4:			
Monday	July 27	Test Review and Test 3 (Chapters 8-10	
Tuesday	July 28	Sexuality in Childhood and Adolescence	Chapter 11
Wednesday	July 29	Sexuality in Adulthood and Later Life	Chapter 12
Thursday	July 30	Attraction, Love and Communication	Chapter 13
Friday	July 31	TA Review Session/Discussion 4	
Week 5:			
Monday	August 3	Test Review and Test 4 (Chapters 11-13)	
Tuesday	August 4	Sexual Coercion and Resiliency	Chapter 14
Wednesday	August 5	Extreme Sexuality and Paraphilias	Chapter 15
Thursday	August 6	Test Review Session and Test 4	(Chapters 14-15)
Friday	August 7	TA Discussion 5	

• NOTE: This syllabus is subject to change. All changes will be announced in class.