



## Shanghai University of Finance & Economics

### 2020 Summer Program

### PSY 220 Abnormal Psychology

### Course Outline

**Term: June 01-July 03,2020**

**Course Code: PSY 220**

**Instructor: Dr. Job Chen**

**Home Institution: Clemson University**

**Office Hours: TBA and by appointment**

**Email: [zhuoc@clemson.edu](mailto:zhuoc@clemson.edu)**

**Credit: 4**

**Course Description:** This course provides an introductory look at mental disorders, or different common ways in which emotion, cognition, and/or behavior can cause impairment or distress. Students will learn the categories and descriptions of the leading mental disorders, the different theoretical models explaining the causes of the disorders, and the empirical evidence linking biological, cognitive, emotional, behavioral, and sociocultural factors with each disorder. In addition, students will learn how mental disorders are assessed in individual cases, and the leading evidence-based methods of treatment, and how to use critical reasoning skills to apply theoretical concepts and empirical evidence to the understanding of mental health issues, including hypothetical clinical cases.

**Required Textbooks:** Nolen-Hoeksema, S. (2020). *Abnormal Psychology* (8th Edition). New York, McGraw Hill Education. ISBN 9781260500189.

#### **Grading & Evaluation:**

Grades will be distributed as 90-100%=A, 80-89%=B, 70-79%=C, 60-69%=D; and below 60% = F.

Assignments and Essays (30%) – there will be multiple assignments and essays pertaining to theories covered in the class through the semester.



Midterm exam (30%) – will be multiple choice questions given at the end of week 3 to cover all materials previously studied.

Final exam (40%) – will be multiple choice questions given at the end of week 5 to cover all materials previously studied.

## **Course Schedule:**

### **Week1**

Session 1: Looking at Abnormality

Session 2: Theories and Treatment of Abnormality I

Session 3: Theories and Treatment of Abnormality II

Session 4: Assessing and Diagnosing Abnormality

### **Week2**

Session 1: Research Method

Session 2: Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders I

Session 3: Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders II

Session 4: Somatic Symptom and Dissociative Disorders

### **Week3**

Session 1: Mood Disorders and Suicide I

Session 2: Mood Disorders and Suicide II

Session 3: Schizophrenia Spectrum and Other Psychotic Disorders I

Session 4: Schizophrenia Spectrum and Other Psychotic Disorders II

Midterm

### **Week4**

Session 1: Personality Disorders I

Session 2: Personality Disorders II



Session 3: Neurodevelopmental and Neurocognitive Disorders

Session 4: Disruptive, Impulse-Control, and Conduct Disorders

## **Week5**

Session 1: Eating Disorders

Session 2: Sexual Disorders and Gender Diversity

Session 3: Substance Use and Gambling Disorders

Session 4: Health Psychology

Final Exam