

California State University, Sacramento

2021 Summer Program

PSY 101 Introduction to Psychology

Course Outline

Course Code: PSY 101

Instructor: Dr. Margaret E. Stiffler

Office Hours: by appointment

Home Institution: North Carolina State University

Email: stiffler@ncsu.edu

Credit: 3

Course Description: Psychology is the science of human behavior. This course is a survey course designed to expose students to the breadth of psychology. It will present the methods used by psychologists to research aspects of this wide and fascinating topic. A range of topics will be addressed from this scientific perspective, allowing exposure to and discussion of research findings that are relevant to everyday life.

Course Objectives: By the end of this course, students will be able to:
Describe and apply the basic research methods used in psychology
Articulate the core concepts of psychology
Compare and contrast some of the most influential psychological theories
Understand a familiarity with scientific findings from various core areas of psychology
Apply the scientific findings to everyday life

Course Materials: The text for this course will be *Psychology*
Use this URL to download a PDF of the book:
(<https://cnx.org/contents/Sr8Ev5Og@5.101:6HoLG-TA@5/Introduction>).
Students are expected to bring a device (laptop, tablet or phone) to class so they can access a digital copy of the textbook.

Course Requirements and Grades: Final course grades are based on the following:

Attendance and Participation: Class attendance is required and roll will be taken

every day. Regular participation is also required. This is worth 20% of your final grade.

Chapter Quizzes: There will be a weekly quizzes. Quizzes will be administered at various times without necessarily being scheduled for a certain class meeting. Quizzes are worth 20% of the final grade.

Midterm: A short answer and/or multiple-choice examination will be given approximately half way through the course. The test will cover all readings, lectures, and discussion up to the date of the test. It is worth 20% of the total grade.

Reflection Paper: Students will be assigned a 2-page reflection paper based on the viewing of documentary that covers a psychological topic. Reflection papers are due at the end of the 3rd week of the term. Students may present their papers for extra credit. Reflections Papers are worth 20%.

Final examination: The final examination may include short answer, multiple choice, and short essay questions. The test will cover all readings, lectures, and discussion up to the date of the test, that is, it is cumulative. Administered the last day of class, the test is worth 20% of the final grade.

Grade Grade Points

A	4.0
A-	3.7
B+	3.3
B	3.0
B-	2.7
C+	2.3
C	2.0
C-	1.7
D+	1.3
D	1.0
D-	0.7
F	0.0

Course Policies:

Attendance is required and will be monitored and roll will be taken daily.

Students are expected to bring a device to access a digital copy of the textbook to all class meetings. Students are required to participate in a consistent manner, being respectful of classmate's opinions and contributions.

Check email frequently; additional readings and perhaps announcements will be distributed through email.

Please use email to tell me of an illness or to set up a time to meet.

Course Schedule: Be prepared for changes in the schedule, depending on how we move through topics/chapters. Changes will be announced in class or, if necessary, by email.

Week 1: Introducing Psychology, Psychological Research, Biopsychology and States of Consciousness (Chapters 1-4), Quiz 1

Week 2: Sensation and Perception, Learning, Thinking and Intelligence and Memory (Chapters 5-8), Quiz 2

Mid-Term Exam

Week 3: Lifespan Development, Emotion and Motivation, Personality and Social Psychology, (Chapters 9-12), Quiz 3 and Reflection Papers Due

Week 4: Industrial-Organizational Psychology, Stress, Lifestyle, and Health, Psychological Disorders and Therapy and Treatment (Chapters 13-16),

Review and Final Examination

University Academic Integrity Policy: The University defines academic misconduct as any act by a student that misrepresents the students' own academic work or that compromises the academic work of another. Scholastic misconduct includes (but is not limited to) cheating on assignments or examinations; plagiarizing, i.e. misrepresenting as one's own work any work done by another; submitting the same paper, or substantially similar papers, to meet the requirements of more than one course without the approval and consent of the instructors concerned; sabotaging another's work. Within these general definitions, however, Instructors determine what constitutes academic misconduct in the courses they teach. Students found guilty of academic misconduct in any portion of the academic work face penalties ranging from lowering of their course grade to awarding a grade of F for the entire course. When completing an assignment for this course, students are expected to do original work for the assignment and to not reuse work they may have done in previous courses or other settings unless the instructor grants specific prior approval. Cheating is defined as the giving or receiving of aid (whether written, oral or otherwise) in order for a student to receive undeserved credit on class work, homework, tests or any other assignment that is his or her own responsibility. Plagiarism violates the central core of

educational philosophy. It involves stealing another person's work and claiming it as one's own. It occurs whenever one directly copies another person's intellectual effort and integrates it into his/her class work without giving proper credit to the author. Paraphrasing is defined as "a restatement of a text or passage giving the meaning in another form" (Webster's New Universal Unabridged Dictionary, 1996). When one paraphrases but intentionally omits authorship of the work, this, too, is a serious violation of academic honesty. All students have an individual responsibility to understand what cheating, plagiarism, and paraphrasing are. The student must also be aware that the consequences for cheating and plagiarism or for paraphrasing without proper attribution are severe. Whenever you have doubts about what constitutes cheating, contact your instructor.