

PSYC&100 – 5484 – FALL 2021

Time to meet: This course is asynchronous – there are no required meetings

Professor: Dr. Lonson

Office hours: class text line – 858-634-0056 **always begin with your full name and course**

Best Way to Contact Professor: message through Canvas OR text

Textbook: You are NOT required to purchase a textbook.

Course Outcomes

After completing this class, students should be able to:

- Describe key concepts, principles, and overarching themes in psychology
- Describe psychology's content domains and areas of application to human behavior
- Use scientific reasoning to understand, apply and/or critique various research methods and theoretical perspectives used by psychologists to study and explain behavior.
- Apply critical thinking and ethical standards to evaluate assumptions, claims, and common-sense ideas about behavior.
- Apply psychological principles and findings to enhance interpersonal relationships at the individual, community, national, and global levels. Communicate effectively in written and /or oral formats in academic and professional life.

Class Values & Expectations

RESPECT FOR EACH OTHER:

Your classmates will have different racial, cultural, ethnic, social-economic, sexual and religious backgrounds. It is crucial that we respect each other's differences, experiences, and opinions. Students should accept and appreciate one another. Hateful

behavior is prohibited. Any form of inflammatory, violent or offensive comments (verbal or nonverbal) are prohibited.

In psychology, we explore various phenomena across different cultures, races, social classes, genders, sexual orientations, etc. In this course, we will at times discuss and view videos about controversial topics; it is expected that we tackle these issues with an academic and respectful mindset. You are encouraged to discuss matters critically, as long as it is done in a peaceful and respectful manner. Hateful and discriminatory statements are prohibited in class, on Canvas, and in assignments.

Students are also asked to respect each other's privacy. In this course, we will often discuss sensitive issues and students are encouraged to share their experiences. Personal things that are shared within the class should stay ***within the class***.

RESPECT FOR LEARNING:

You are 100% responsible for your education. You are expected to do your best to complete assignments in a timely and appropriate fashion and to actively participate in discussions. If you do not understand something please take the initiative to find out the answer – you must be proactive about seeking clarity when it is lacking. I suggest using our class chat room or messaging me through Canvas.

Students must adopt a team-building mentality in class. Our class is a team working towards a common goal of successful learning. I am an instructor, but I am also a learner. I am not Dr. Wikipedia, so I do not have all the answers - we are here to learn from each other. In order to succeed as a team, I will play my part as the instructor to deliver a fun, educational, and interactive curriculum. I expect that you will play your role as students to comply with course rules and guidelines and fulfill the course requirements. By working together, we can maximize the learning benefits of this course.

RESPECT FOR YOUR PROFESSOR:

I will do my best as your instructor to create intellectually stimulating (and hopefully fun) classes. I will also do my best to answer any questions you may have in a timely manner. You may choose to ask your question in our class chat room or by e-mailing me through Canvas.

If you choose to e-mail me, please do so *through Canvas* and write it as an e-mail. E-mails should be formatted as e-mails, not as text messages. It is in your best interest to understand this difference in your academic and professional life.

Please also address me appropriately. Do not begin your e-mail with “Hey, ...” or “Hi Celeste, ...” or “Mrs. Lonson, ...” I prefer to be addressed as “Dr. Lonson” or “Professor Lonson” or simply “Professor.”

**** Students who violate the above rules and/or demonstrate disrespectful behavior to other students or the instructor will be removed from class. A meeting with the instructor as well as the Dean of Social Sciences will be required before returning. ****

Course Work

WEEKLY DISCUSSION:

Every week you will be given a discussion assignment. Your initial post will be due by 11:59pm on Friday each week. Responses to your classmates' posts will be due by 11:59pm on Sunday each week. If you miss either deadline, you will have 24 hrs to get your posts in with a 50% deduction. Do not e-mail me for an extension unless you have a documented emergency. Discussions will comprise 40% of your final grade.

CHAPTER QUIZZES:

Each week you will have a chapter quiz. These quizzes are open book, there is no time limit, and you will have 2 attempts. Weekly quizzes are due each week by 11:59 pm on Sunday. If you miss the deadline, you will have 24 hrs to get your posts in with a 50% deduction. Do not e-mail me for an extension unless you have a documented emergency. Quizzes will comprise 20% of your final grade.

MIDTERMS & FINAL EXAM:

You will have two midterms and a final exam. Exams will be open book/notes and must be completed within the allocated time frame. Make up exams will only be given to those who have a documented emergency. The final exam will be cumulative. Exams will comprise 40% of your final grade.

EXTRA CREDIT:

There will be multiple opportunities for extra credit throughout the quarter totaling 28 points. Taking advantage of every opportunity can potentially raise your grade up to 5%.

	Points Possible	Percentage of Total
Discussions:	220	40
Quizzes:	110	20
Exams:	220	40
Total points possible:	550	

Grading Scale	Percentage
A	94-100%
A-	90-93%
B+	87-89%
B	84-86%
B-	80-83%
C+	77-79%
C	74-76%
C-	70-73%
D+	67-69%
D	64-66%
F	Below 64%

OTHER POLICIES AND PROCEDURES

Accessibility:

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

Affirmation of Inclusion:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Bellevue College affirms the diversity of human identities and experiences and is committed to creating spaces free from harassment and discrimination (4000 Institutional Commitment to Inclusion). Furthermore, Bellevue College rejects all forms of racism, homophobia, sexism, xenophobia, religious intolerance, classism, ableism, ageism, language bias, and hate speech or actions that attempt to silence, threaten, or degrade others.

In classroom settings, we might disagree with views shared in the classroom; however, courteous, and respectful behavior and responses are always expected. When providing criticism, it is important to focus on the ideas and not the person.

Faculty are encouraged to disrupt and address hate speech and behaviors. Students are also encouraged to speak up and advocate when they experience, or witness hate speech and behaviors. Faculty, staff, and students also are encouraged to submit a report to the CARE Team regarding any concerns of discrimination, harassment, or inappropriate and disrespectful conduct.

Religious Holidays:

Students who expect to miss classes, examinations or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent) unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should a disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair or Dean.

College Anti-Discrimination Statement:

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, sex, sexual orientation, including gender identity or

expression, disability, or age in its programs and activities. Please see policy 4150 at <https://www.bellevuecollege.edu/policies/> (Links to an external site.)

The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2266, Office R130.

Confidentiality and Mandatory Reporting:

Given the nature of psychological science, it is very important to consider the privacy of others during class discussions. When participating in class and sharing information about yourself or others, please be as discrete as possible and leave out information that can identify the person. Please be respectful to your fellow learners by not sharing private information with others or through social media.

As an instructor, one of my responsibilities is to help create a safe learning environment. It is my goal that you feel comfortable sharing information related to your life experiences. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at <https://www.bellevuecollege.edu/titleix/> (Links to an external site.)

Student Code of Conduct and Academic Integrity:

The Student Conduct Code of Bellevue College (WAC 132H-125) outlines the rights and responsibilities of students in the Bellevue College community. These rights and responsibilities include due process rights, appeal routes and behavior expectations. <https://www.bellevuecollege.edu/studentconduct/>