



Beijing Jiaotong University

2022 Summer Session

PSY 101 Introduction to Psychology

Course Outline

Course Code: PSY 101

Instructor: TBA

Office Hours: TBA

Email: TBA

Credit: 4

Course Description:

Introduction to Psychology will provide students with an overview of the current trends and body of knowledge in Psychology, including basics of the cognitive, developmental, personality, social, and clinical fields.

Course Objectives:

The overarching course goal is to allow students to reach a comprehensive understanding of the issues and methods in Psychology, in order to decide whether to pursue studies in the field. In the process of reaching this goal, our objectives are that each student will:

- Become familiar with current scientific theories and research in the major topic areas of Psychology;
- Discover the personal relevance of course material in their everyday and professional lives, in order to make fully-informed decisions;
- Develop the skills necessary to evaluate and think critically about information concerning psychological phenomena obtained from research, the general public, and the media;
- Be well prepared for advanced courses in Psychology.



Required Textbooks:

Hockenbury, S. E., Nolan, S., & Hockenbury, P. (2016). *Discovering Psychology* (7th Edition). Pacific Grove, CA: Worth.

Grading & Evaluation:

Assignments (40%) – Midterm exam (30%) – Final exam (30%)

A+:4.3——95-100

A :4.0——87-94

A -:3.7——82-86

B+:3.3——78-81

B :3.0——75-77

B -:2.7——71-74

C+:2.3——68-70

C :2.0——65-67

C -:1.7——61-64

D :1.0——55-60

E :0.0——49-54

X :0.0——0

Intermediary assignments will be posted throughout the course, to help students assess their needs and to ensure that all the important topics are well understood. Assignments are also an opportunity for students to ask questions concerning unclear notions, as the main objective is not to grade but to help everyone reach an optimal level of comprehension.

Midterm and final exams will target all topics previously covered in class. Lecture notes and assignments are important to succeed in the midterm and final exams, yet some questions will be specifically intended to stimulate students' critical thinking.

Attendance is extremely important for success in this class. It is expected that each student will commit fully to the assignments and readings required. Exams will cover the required texts as well as material presented or discussed in class.



Course Schedule

Week1

Session 1: Course Introduction

Session 2: History of Psychology

Session 3: Sensation and Perception

Session 4: Learning

Week2

Session 1: Memory

Session 2: Language and Thought

Session 3: Intelligence

Session 4: Psychological Testing

Week3

Session 1: Personality I

Session 2: Personality II

Session 3: Social Behavior I

Session 4: Social Behavior II

Week4

Session 1: Development

Session 2: Psychological Disorders

Session 3: Clinical Psychology

Session 4: Stress, Coping, and Health